



# Your Board Your Vote

---

## 2021 ELECTION

---

### **CMSA BOARD OF DIRECTORS**

#### **Meet the Candidates!**

*Review more information on their Campaign Statement, Biography, Leadership and Honors.*

Case Management Society of America

5034A THOROUGHbred LN, Brentwood, TN 37027 | [www.cmsa.org](http://www.cmsa.org)

# MEET THE CANDIDATES

## TABLE OF CONTENTS

Please review all candidate's information before casting your vote!

Information is shared here in this brochure, and you may also want to view their recorded candidate campaigns at <https://cmsa.org/2021bodelection/>

---

---

### **Pres-Elect, President, Past President: (2021-2025)**

Colleen M. Morley, DNP, RN, CCM, CMAC, CMCN ACM-RN ..... 2

---

---

### **Secretary: (2021-2023)**

Nadine M. Carter, MBA, BSN, RN, CDMS, CCM ..... 4

Joe Miller, RN, ACM-RN..... 6

---

---

### **Director: (2021-2024), 2 open positions**

Laura Ostrowsky, RN, CCM..... 8

Kathleen Parry, BSN, RN, CCM ..... 10

Sonia Valdez, DNP, RN, ACNP, GANP, PHN, CVRN-BC..... 12

Samantha Walker, MSN, RN, CCM..... 14

---

---

# 2021-2025 Pres-Elect / President / Past Pres

Candidate 1 of 1



## Colleen M. Morley, DNP, RN, CCM, CMAC, CMCN, ACM-RN

**Employer:** Cook County Health

**Title:** Director of Inpatient Care Coord / Integrated Care

**Chapter:** Chicago, IL

**Email:** cmmorley@hotmail.com

---

My name is Colleen Morley, and I am running for the office of President Elect of the CMSA National Board. I currently hold the position of Director of Inpatient Care Coordination/ Integrated Care for Cook County Health (John H Stroger Jr Hospital of Cook County & Provident Hospital of Cook County). I have held the position of Director of Case Management at several Chicago area hospitals (for profit and not for profit) as well as management and staff level case management positions in Managed Care Organizations. I currently serve as President for CMSA Chicago, Director on CMSA National Board, Director for the Illinois Nurses' Foundation Board and Secretary for ANA-Illinois. As President Elect, I feel I could channel my considerable energies towards working to engage future members, demonstrate value to our service provider members/sponsors and support case managers in their own journeys to "be all they can be" in case management.

Case Management is truly where my passion in my career lies. Since "stumbling upon" Case Management as an option over 15 years ago, I have never looked back; only forward. My favorite role, by far, has been as "advocate for the advocates"; promoting Case Management and those who practice this specialty in the wider healthcare community and to the public, in general. The value a professional case manager brings to the table as a member of the individual's care team is immeasurable.

My deep contacts in the case management community and excellent networking skills have brought the potential for increased sponsorship, membership and exhibitors to the Chicago chapter and I feel that I will be able to do the same as National President-Elect. I am active on social media, mentoring a CCM Study group and promote CMSA membership to a group that has grown with each successive test cycle. As a member of Continuity of Care groups, I have forged excellent relationships with service providers and continue to educate them on the value of membership as well as sponsorship opportunities. The networking and relationship building across the continuum of care creates the fibers of the safety net that we, as case managers, strive to create for our patients through resource management and care coordination.

I continue to see so much potential to educate healthcare providers on the opportunities within the specialty of case management and building our workforce for the future. Throughout my career, I continue to find new ways that case managers can make a positive impact on the patients/clients/ members we serve and help them navigate the ever-changing, uncertain healthcare world. Attracting new healthcare providers to case management, regardless of discipline, is a "must".

I ask for your support and vote for me for the office of President Elect for CMSA National. I feel that my engagement with the CMSA National BOD, CMSA Chicago chapter, collaborations with other CMSA chapters and other professional organizations and promotion of case management demonstrates my deep commitment to the profession of case management and CMSA.

# COLLEEN M. MORLEY, DNP, RN, CCM, CMAC, CMCN, ACM-RN

## BIOGRAPHY

Colleen Morley is the Director of Inpatient Care Coordination/ Integrated Care for Cook County Health (John H Stroger Jr Hospital of Cook County & Provident Hospital of Cook County). She currently serves as President for CMSA Chicago, Director on CMSA National Board Director for the Illinois Nurses’ Foundation Board and Secretary for ANA-Illinois.

Dr Morley has over 20 years of nursing experience. Her clinical specialties include Med/Surg, Oncology and Pediatric Nursing. Her passions in nursing include promotion of professional development and continuing education and studying the readmission issue to develop solution programs.

She is active with CMSA Chicago; serving as President for 2019-21 and has been on several national level committees for CMSA (Education, Awards), ACMA (Membership) and AAMCN (Education and Membership); elected to position of Director on CMSA National Board of Directors, 2019-22. Additionally, she currently holds the position of Secretary on the ANA-IL Board of Directors, serving as Legislative Committee Chair and PAC Trustee and Director for the Illinois Nurses’ Foundation.

Dr Morley was named Nurse Leader of the Year in 2010 by the American Association of Managed Care Nurses for her contributions in significantly updating and revising the CMCN certification curriculum in 2009-10, received the 2020 CMSA Foundation Practice Improvement Award and the 2020 ANA Illinois Clinical Practice Award for her work in reducing readmissions through improving health literacy. Colleen is a frequent contributor to AAMCN’s *Nurses’ Notes & CMSA Today*; has been published in *Case in Point’s Caseload Handbook* edition and *American Nurse Today* in June 2017 on Communication and Collaboration Across the Interdisciplinary Team.

She has presented live education presentations and posters at CMSA National, teaching sessions at national level care coordination events, is a frequent presenter in the Chicagoland area on healthcare topics and has launched her own healthcare education consulting firm, Altra Healthcare Consulting, specializing in writing and presenting continuing education programming for RNs and SWs.

Dr Morley received her ADN at South Suburban College in South Holland, IL; BSN at Jacksonville University in Jacksonville, FL, MSN from Norwich University in Northfield, VT and has completed her Doctorate in Nursing Practice at Chamberlain University in 2017.

Honors & Awards	Professional Memberships	Leadership Positions
<ul style="list-style-type: none"> <li>• Case Management Practice Improvement Award (CMPPI), CMSA Foundation, 2020</li> <li>• Clinical Practice Award, ANA Illinois, 2020</li> <li>• Managed Care Nurse Leader of the Year, AAMCN, 2010</li> </ul>	<ul style="list-style-type: none"> <li>• Case Management Society of America (CMSA), 2007-present</li> <li>• CMSA Chicago, 2007-present</li> <li>• American Case Management Association (ACMA), 2019-present</li> <li>• American Assoc of Manage Care Nurses (AAMCN), present</li> <li>• AACM, 2020-present</li> <li>• America Nurses Association / ANA Illinois, 2018 - present</li> </ul>	<p><b>CMSA</b></p> <ul style="list-style-type: none"> <li>• Director, 2019-2022</li> <li>• Education Committee, 2019-2022</li> </ul> <p><b>CMSA Chicago</b></p> <ul style="list-style-type: none"> <li>• President, 2019-2021</li> <li>• President-Elect, 2017-2019</li> <li>• Membership Secretary, 2016-2017</li> <li>• Secretary, 2010-2014</li> <li>• Director, 2008-2010</li> </ul> <p><b>ANA Illinois</b></p> <ul style="list-style-type: none"> <li>• Secretary, 2019-2021</li> <li>• Director, 2018-2019</li> <li>• Legislative Committee, 2018-2021</li> <li>• Political Action Committee, 2018-2021</li> </ul> <p><b>Illinois Nurses Foundation</b></p> <ul style="list-style-type: none"> <li>• Director, 2021-2024</li> <li>• Interim Secretary, 2021</li> </ul>

# 2021 – 2023 Secretary

Candidate 1 of 2



## Nadine M. Carter, MBA, BSN, RN, CDMS, CCM

**Employer:** Global Care Management

**Title:** Director of Care Management Staffing

**Chapter:** Atlanta, GA

**Email:** [ncarter3345@outlook.com](mailto:ncarter3345@outlook.com)

---

Hi, I am Nadine, and I would be honored to serve you as Secretary on the National CMSA Board! I am a Registered Professional Nurse who has been engaged in the field of Case Management since 1987 and a member of CMSA since 1996. I have held multiple leadership positions in my career which will enhance my ability to serve as a leader on the National Board. I am passionate about CMSA as evidenced by my participation in 3 chapters. I served as a Board Member for many years and then President of the New Jersey chapter. I served on the Membership committee for the New York City Chapter, successfully recruiting new members. I served as a Board Member for the Atlanta chapter and am currently Secretary and will bring my knowledge of the secretarial process to the national level.

With the recent pandemic, many chapters are having virtual monthly meetings and I have had the opportunity to attend meetings in various cities. My varied exposure to multiple chapters in different regions of the country, has made me well versed in the global needs of the Society' members and the overarching mission of the Society.

I am currently the Chair of the CMSA 2021 Conference Planning Task Group. I am working with a very talented group of members planning and strategizing to make the 2021 annual CMSA conference a raving success by optimizing the attendee's experience. I support the CMSA Foundation and encourage the sharing of information with chapter members and leaders.

I would like to further my involvement on the national level to continue to promote case management, health policy, and aid the local chapters. I will use my years of leadership experience and long-standing affiliation with CMSA to be an effective and proactive member. A pandemic has gripped the very heart of our country, so it is vitally important that people have advocates who can assist them with navigation through the complicated maze that has become our healthcare system. I will team with the strategic thinking leaders on our National Board to provide ongoing education and resources to case managers so they can be successful advocates for healthcare consumers.

I am excited at the prospect of serving under the leadership of Melanie Prince, President, and with the new management company, Parthenon Management Group. This collaboration is already showing more transparency, working with the local chapters, and planning an innovative annual conference. I see CMSA as being the primary professional association that case managers can turn to for resources to assist them in being the best professional to manage the needs of their population. Serving on the CMSA membership committee, I will work diligently to help educate case managers on the benefits of CMSA membership and to help grow local chapters.

Please remember that this is your professional Association, and you choose who you think will be the best candidate for the job. Please vote and let your voice be heard!! Thank you for your consideration.

# NADINE M. CARTER, MBA, BSN, RN, CDMS, CCM

## BIOGRAPHY

---

Nadine Carter is a goal and result driven Master graduate with 30+ years of extensive experience in leadership and executive roles in various areas of the healthcare industry including case management, utilization management, managed care, transitional care, acute care, group health, and managed long-term care; 30+ years of experience in Case Management.

She possesses keen knowledge of case management, utilization management, transitional management, quality management, population management, risk management, improving of policies to improve efficiency and reduce costs, department logistics, and personnel performances.

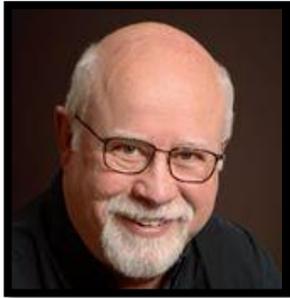
Nadine also possesses exceptional analytical ability, particularly in developing and managing key performance indicators to ensure quality and financial success. She understands and possesses ability to simultaneously manage high levels of compliance, client service and profitability.

Nadine has been affiliated with CMSA since 1996, Past President of NJ Chapter 2003-2004, current GA Chapter Secretary.

Honors & Awards	Professional Memberships	Leadership Positions
	<ul style="list-style-type: none"><li>• Case Management Society of America (CMSA), 1996 - present</li><li>• CMSA Georgia, 2015 - present</li><li>• CMSA New Jersey, 1996-2011</li></ul>	<p><b>CMSA</b></p> <ul style="list-style-type: none"><li>• Chair, 2021 Conference Planning Task Force, 2020-2021</li><li>• Mbr, Membership Committee, 2021</li></ul> <p><b>CMSA Atlanta GA</b></p> <ul style="list-style-type: none"><li>• Secretary, 2018-present</li><li>• Board Member, 2016-2018</li></ul> <p><b>CMSA New York City</b></p> <ul style="list-style-type: none"><li>• Mbr, Membership Committee, 2008-2010</li></ul> <p><b>CMSA New Jersey</b></p> <ul style="list-style-type: none"><li>• Past President, 2004-2005</li><li>• President, 2003-2004</li><li>• Pres-Elect, 2002-2003</li><li>• Board Member, 1998-2002</li></ul>

# 2021 – 2023 Secretary

Candidate 2 of 2



## Joe Miller, RN, ACM-RN

**Employer:** Retired, St Vincent Hospital Indianapolis  
**Title:** Retired Case Manager  
**Chapter:** Indianapolis, IN  
**Email:** jrnrn@live.com

---

Hi Everybody! My name is Joe Miller. I am running for Secretary of CMSA. You know I have never enjoyed nursing more than I did working as a hospital nurse case manager. It was a great career choice! I especially enjoyed working with patients and their families as they planned for what would happen after their hospitalization ended. Like all of you I experienced the rewards and the challenges involved in doing such work.

My first exposure to CMSA came when I attended one of the Fall Conferences conducted by the Central Indiana CMSA chapter here in Indianapolis. Soon afterwards, I decided to join that local chapter and have progressed through various chapter board positions. I served as President for two years in 2019 and 2020. I am currently the immediate past president of the Central Indiana chapter and I am also the acting treasurer for that chapter this year.

In 2020, I served on the Management Task Force which conducted a search for whom would serve our national association as its association management company. Ultimately that task force made a recommendation to the national board to hire our current association management company, Parthenon. It was an enlightening experience for me. I learned much about our national organization.

I currently serve on two other CMSA task forces. One of these task forces is referred to as the Chapter Leader Connect Task Force. It is working on improving supportive relationships and communications between CMSA chapters and CMSA national. This is a cause about which I feel passionately as a chapter leader.

CMSA after all does not exist without its chapters. And CMSA is not healthy unless its chapters are healthy also. As a chapter President, I promoted increased communications between the national board and the CMSA chapters. One positive outcome of this effort was a change in policy at the national board level that has opened the quarterly national board meetings to observation by all CMSA members.

Parthenon has many ideas that will advance our organization's presence in the case management community. We have leaders both in our national organization and in the local chapters with a vision of the future that will only enhance our organization's impact in the case management world.

I have the time to commit a great deal of energy to CMSA. And I want to see CMSA enjoy as much success in the future as it has had in the past. I hope you will review my biography in addition to viewing this video. It goes into more detail about my many experiences with various boards on which I have served these past 20 years. I ask for your vote for Secretary of CMSA.

# JOE MILLER, RN, ACM-RN

## BIOGRAPHY

---

Joe Miller has been a registered nurse since 1982. Nursing was his second career after spending 8 years in secondary and post-secondary education. He has always been interested in healthcare but did not choose it initially as his educational background was a better fit at the time for a career in education and counseling. While he enjoyed working in these fields, at the age of 31 he finally decided to pursue additional schooling which made him one of the older students in his nursing classes and one of the very few men enrolled.

Joe was first employed as a nurse at a public hospital in the Indianapolis area. In 1986, he became employed at St. Vincent Hospital Indianapolis, holding a number of positions in the intervening years. In 2006, Joe became a hospital case manager, retiring from St. Vincent Hospital in December 2019. Joe became a certified case manager in 2010. He currently holds the ACM-RN certification.

Joe remains quite active in the local CMSA chapter in Indianapolis, currently serving as the immediate past president and acting treasurer for 2021. In 2020, Joe extended his volunteering to the National level by serving on several task forces. He was a member of the Management Task Force charged with recommending CMSA's next association management company, and currently serves on the Chapter Leader Connect task Force exploring supportive relationships and improved communications between the national organization and local chapters. He also serves on the 2021 National Conference Task Force working to refine the member experience for this year's national conference. And just recently, he became a member of the CMSA National Membership Committee.

Outside of CMSA, Joe has also served with other organizations. From 2004-2008, he served as an elected member of the community on the Carmel Clay School Board. During his final year on the board, he served as Secretary. From 2004-2012, he also served on the Carmel Clay Parks Board and became President of that board during his last two years on it. Through all these experiences Joe has learned a significant amount about how boards should work and will carry this knowledge forward to any leadership roles in CMSA.

Honors & Awards	Professional Memberships	Leadership Positions
	<ul style="list-style-type: none"><li>• Case Management Society of America (CMSA), 2014-present</li><li>• Central Indiana CMSA, 2014-present</li><li>• American Case Management Association, 2018-present; 2011-2012</li></ul>	<p><b>CMSA</b></p> <ul style="list-style-type: none"><li>• Mbr, 2021 Conference Planning Task Force, 2020-2021</li><li>• Mbr, Chapter Leader Task Force, 2020-2021</li><li>• Mbr, Membership Committee, 2021</li><li>• Mbr, Management Task Force, 2020</li></ul> <p><b>Central Indiana CMSA Chapter</b></p> <ul style="list-style-type: none"><li>• Past Pres/Acting Treasurer, 2021</li><li>• President, 2019-2020</li><li>• Vice Pres / Pres-Elect, 2017-2018</li><li>• Secretary, 2016</li><li>• Director, 2015</li></ul> <p><b>Carmel Clay School Board</b></p> <ul style="list-style-type: none"><li>• Member, 2004-2008</li><li>• Secretary, 2008</li></ul> <p><b>Carmel Clay Parks Board</b></p> <ul style="list-style-type: none"><li>• Member, 2004-2012</li><li>• President, 2010-2012</li><li>• Vice-Pres, 2008-2010</li></ul>

# 2021 – 2024 Director

Candidate 1 of 4



## Laura Ostrowsky, RN, CCM

**Employer:** Self-Employed  
**Title:** Educator and Consultant  
**Chapter:** New York City, NY  
**Email:** lrostromsky@gmail.com

---

Thank you for participating in the CMSA elections. I am Laura Ostrowsky, a nurse, CCM, and current president of the NYC chapter of CMSA. As a CMSA member since 2005 I have gained education, training, continuing education credits and colleagues who became close friends, mentors, and a network of support both professionally and personally. That is why I want to give back by serving on the board of directors.

My involvement in CM dates to its inception in the 1980's, first in QA, then UR, growing and evolving with the profession. We moved from passive review to active management of the patient stay in hospital, focusing on performance improvement, decreased length of stay and better quality more efficient care delivery. From 1999-2019 I served as CM Director at a specialty cancer hospital actively studying and anticipating health care and regulatory changes to provide our patients with 21<sup>st</sup> century CM. Instead of d/c planning we expanded our program to focus on all care transitions providing longitudinal case management across the health care continuum. My program proactively changed and adapted as care moved from invasive to non-invasive, inpatient to ambulatory, to provide not just quality care but accountable care with measurable outcomes. In 2012 in recognition of this work I was awarded the title of CMOY.

CM is primarily about patient advocacy both on the micro and macro level. The challenges we face include access to health care, population health management and influencing the social determinants of health. The covid-19 worldwide pandemic graphically illustrates these challenges. Case management has a role not just locally but regionally and nationally to shape the patient experience, to influence health policy and the regulatory environment. Case managers need to acquire the skills to step into new leadership positions to influence policy. As a board member I would encourage CMSA to provide educational initiatives and mentorship designed to move case managers into these positions of leadership to influence the future of healthcare.

# LAURA OSTROWSKY, RN, CCM

## BIOGRAPHY

---

Laura Ostrowsky is the current president of the NYC chapter of CMSA. She is teaching a CCM prep course with the Case Management Institute, working with Athena Forum and writing and consulting on case management and related topics. Laura has published articles on Case Management in CMSA Today, Professional Case Management, Case in Point, The Patient Flow Journal, and other periodicals. She regularly presents at national conferences including CMSA, the Patient Advocate Institute, NTOCC and others on topics ranging from case management, patient flow and payer provider collaboration to advocacy, collaborative practice, and case management’s role in the changing health care environment.

Laura is a past Director of Case Management at Memorial Sloan-Kettering Cancer Center (1999-2019) and the 2012 CMSA Case Manager of the Year. Her program was nominated by Case in Point for excellence in Utilization Management, Discharge Planning and Transitions in Care and awarded the patient Advocate Award. She created a patient advocacy program to assist patients in obtaining access to specialty care despite network restrictions. The program has been featured in articles in Advance for Nursing, The Wall Street Journal, Case in Point, and Case Management Monthly.

Laura holds a master’s degree in Health Planning and Policy from Hunter College. She has been a CMSA member since 2005 and has served on the Board of Directors of the NYC Chapter since 2011, and CMSA National for 2 years from 2016-2018.

Laura has 40 years of health care experience, including time as a staff nurse, QA Coordinator, Director of UR and QA, followed by directorships in CM at New York Presbyterian (NYP) and Memorial Sloan Kettering Cancer Center and providing educational presentations as part of the Genentech Speaker’s Bureau. She also spent 3 years in information services at the NYP Network overseeing the selection, acquisition, and implementation of an integrated hospital information application for UR, QA, Credentialing and Risk Management at 5 network hospitals.

<b>Honors &amp; Awards</b>	<b>Professional Memberships</b>	<b>Leadership Positions</b>
<ul style="list-style-type: none"><li>• Case Manager of the Year, CMSA, 2012</li><li>• Patient Advocate – Mid-sized Hospital, Case in Point, 2010</li></ul>	<ul style="list-style-type: none"><li>• Case Management Society of America (CMSA), 2005-present</li><li>• CMSA New York City, 2005-present</li></ul>	<b>CMSA</b> <ul style="list-style-type: none"><li>• Board Member, 2016-2018</li></ul> <b>CMSA New York City</b> <ul style="list-style-type: none"><li>• President, 2020-2021</li><li>• Board Member, 2012-2019</li><li>• Chair, Education Committee 2014</li><li>• Treasurer, 2012-2013</li></ul>

# 2021 – 2024 Director

Candidate 2 of 4



## Kathleen Parry, BSN, RN, CCM

**Employer:** Kaiser Permanente of Washington  
**Title:** Manager, Complex Case Management  
**Chapter:** Seattle, WA and Spokane, WA  
**Email:** Kathleen.e.parry@kp.org

---

My name is Kathleen (Kathy) Parry, and I am running for a position on the CMSA National Board of Directors. I have been a nurse for over 30 years and a certified case manager for 17 years. My experience includes both psychiatric and med/surg nursing. I started in the case management arena in utilization management transitioning to case management after a supervisor told me I would be a good case manager. I became a certified case manager in 2006. My case management experience includes Medicaid case management and managed care which included both inpatient and outpatient case management. I am the manager of Complex Case Management at Kaiser Permanente, a position I have held since 2014.

I have been active with the Washington Medical Case Management Association (WMCMA) since 2008. I was elected to the board in 2009 where I served as a director until 2011. I was elected as chapter president for a 1-year term in 2013 and a second 2-year in 2018-2019. I have been the co-chair of the education committee from 2010-2020. As education chair I collaborated with our partners to develop educational events for our members. In the past 2 years I have become active with the Inland Northwest CMSA Chapter in Spokane and I am serving as chapter president 2020-2021 term.

My plan if elected to the board is to continue educate and promote case management as specialty to the healthcare community and work toward engaging younger nurses and social workers to consider case management as a profession. In my role as manager, I encourage new staff interested in case management to shadow case managers and this will be my plan moving forward. An additional goal is to increase membership as CMSA is the premier professional association for case management. I am passionate about membership I am professional organization as it enhances our role as case manages. This can be accomplished through promotion of the benefits of membership at the local and national which can be accomplished through promotion of the benefits at the local and national level.

Thank you for your time and consideration. Please review the candidates and vote.

# KATHLEEN PARRY, BSN, RN, CCM

## BIOGRAPHY

Kathleen Parry has been a nurse for over thirty years. She obtained her nursing degree from McMaster University, Hamilton Ontario. Her experience includes psychiatry and medical surgical. She started her career in Toronto, Ontario, moving to Los Angeles and finally settling in the Seattle area. She began her career in case management with utilization review and transitioned to case management after her supervisor told her she was a case manager. She began her case management career in 2004. She worked with the Medicaid population. She became a Certified Case Manager in 2006. Her case management career transitioned to managed care when she started at Kaiser Permanente in 2009. She worked as a case manager in primary care as well as an inpatient case manager. She was promoted to manager of Complex case management in 2014 and continues in that role.

Kathleen has been active with CMSA at the local chapter Washington Medical Case Management Association (WMCMA) chapter level since 2008. She served as a board director 2009-2011, Board president 2013 (1-year term) and again from 2018-2019 (2-year term). She was co-chair of the education committee 2010-2020. In this role she worked with partners to develop educational presentations for the members. In addition to her involvement with WMCMA she has become active with INW CMSA Chapter in Spokane. She is currently serving as president 2021-2021 (2-year term).

Kathleen was presented the WMCMA Case Management Excellence award in 2010.

She presented a poster on Teamcare—case management of chronic disease at CMSA National Conference in 2012. She presented a poster on Patient Safety and Care Coordination with High ED Utilization at the Kaiser Permanente National Nursing Conference in 2019.

Honors & Awards	Professional Memberships	Leadership Positions
<ul style="list-style-type: none"> <li>• Case Management Excellence Award, WA Medical Case Management Association, 2010</li> </ul>	<ul style="list-style-type: none"> <li>• Case Management Society of America (CMSA), 2007-present</li> <li>• Washington Medical Case Management Assoc, 2007-present</li> <li>• Inland Northwest CMSA Chapter, 2019-present</li> </ul>	<p><b>CMSA Foundation</b></p> <ul style="list-style-type: none"> <li>• Chapter Ambassador, 2020-present</li> </ul> <p><b>WA Med CM Assoc – Seattle chapter</b></p> <ul style="list-style-type: none"> <li>• Past President, 2020-2021</li> <li>• President, 2018-2019</li> <li>• Mbr, Education Coe, 2010-2020</li> <li>• Past Pres, 2014</li> <li>• President, 2013</li> <li>• Vice Pres, 2012</li> <li>• Board Mbr at Large, 2009-2012</li> <li>• Interim Secretary, 2018-2019</li> </ul> <p><b>Inland Northwest CMSA - Spokane</b></p> <ul style="list-style-type: none"> <li>• President, 2020-2021</li> </ul>

# 2021 – 2024 Director

Candidate 3 of 4



## Sonia Valdez, DNP, RN, ACNP, GANP, PHN, CVRN-BC

**Employer:** Univ of California, Irvine Hospital

**Title:** Manager, Post-Acute Programs

**Chapter:** Los Angeles, CA

**Email:** Sonia.valdezacnp@gmail.com

---

My name is Dr. Sonia Valdez, I currently work as a manager for the Post-acute care programs at UCI, I serve as executive secretary for the National Association of Hispanic Nurses, as well as President for the Los Angeles Chapter.

Health care is changing at a faster pace than ever before. To be vibrant, robust, and influential, we need to continue to create impacts in health care policy, mentor, foster and continue to grow case managers. My commitment to CMSA's members, and our allied organization partners is aimed at providing education and professional development for case managers, building our membership. My commitment to the communities we serve is to continue to provide a safe and effective transitions of care for everyone in our communities.

My 28-year commitment as an executive board member in other nursing organization allows me to bring my experiences to take CMSA to the next level. I am passionate and committed to advocate, lead, and influence my peers, patients, and nurses wanting to learn about case management. I bring to you 28 years of Executive Board experience, from a novice nurse/member to having served 7 past National Presidents, served as chapter president for Orange County NAHN, and currently as President of the Los Angeles Chapter.

My goals for CMSA:

- Leverage resources to financially continue to build CMSA and continue to support our organization.
- Evolving professionally, networking and Continuing Education-providing the support for our members and chapters. While providing continuing education credit seminars, community support and outreach for and with our current case managers in the variety of practices we serve.
- Building our Membership growth, as a unified organization we can continue to build our membership together. Building connections, events and programs that are exciting and worthwhile engagement for everyone.

Thank you.

# SONIA VALDEZ, DNP, RN, ACNP, GANP, PHN, CVRN-BC

## BIOGRAPHY

Sonia Valdez is a full-time manager of the post-acute care programs at the University of California Irvine, and a Professor of ADN & RN-to-BSN Programs at Mount Saint Mary's University since 2020, She has been Adjunct Faculty of Santa Ana College School of Nursing since 2004 and Adjunct Faculty of Concordia University School of Nursing since 2018; Grant Reviewer for HRSA. Sonia is also an Expert Witness with the Board of Registered Nurses.

Sonia currently serves as Executive Secretary for the National Association of Hispanic Nurses (NAHN) and President for the National Association of Hispanic Nurses Los Angeles Chapter.

She developed grant-funded projects to produce and disseminate cutting edge information on a variety of topics, including Infection Prevention for Quality of Life, on nursing care of older adults (funded by Centers for Medicare and Medicaid Services (CMS), & Center for Health Care Quality).

Sonia provides a mentorship program in collaboration with NAHN that continue to support Hispanic Students in Orange County and Los Angeles County.

She is a graduate of the California State Dominguez Hills School of Nursing (BSN, 2007), Walden University School of Nursing (MSN, 2010), and Western University of Health Sciences (DNP, 2018).

In her role as manager of UCI's Post-acute Programs, she has been able to apply the principles of geriatric medicine to improve the care coordination and affect change to improve patient care standards. She strives to create a safe environment for all patients, ensure patient safety, including infection prevention and minimizing disease spread.

Honors & Awards	Professional Memberships	Leadership Positions
<ul style="list-style-type: none"> <li>• Nurse Mentor of the Year Award, Santa Ana City Council, 2009-2019</li> <li>• Community Service Award, Children's Hospital of the Californias, 2019</li> <li>• Community Service Award, Hospitales Angeles, Mexican Red Cross, Cruz Roja Mexicana, 2019</li> <li>• Service / Commitment, National Association of Hispanic Nurses, 2019</li> <li>• Community Service Award, Hospitales Angeles, Mexican Red Cross, Cruz Roja Mexicana, 2012</li> <li>• President's Award, National Association of Hispanic Nurses, 2012</li> </ul>	<ul style="list-style-type: none"> <li>• Case Management Society of America (CMSA), 2017-present</li> <li>• Southern California CMSA, 2017-present</li> <li>• National Assoc of Hispanic Nurses (NAHN), 1992-present</li> <li>• American Assoc of Critical-Care Nurses (AACN), 2007-present</li> <li>• American Assoc of Nurse Practitioners (AANP), 2007-present</li> <li>• American Public Health Assoc (APHA), 2007-present</li> <li>• American Geriatrics Society (AGS), 2007-present</li> <li>• American Case Management Assoc (ACMA), 2009-present</li> <li>• American Nurses Assoc (ANA), 2017-present</li> <li>• Assoc of CA Nurse Leaders (ACNL), 2017-present</li> <li>• Association of Public Health Nurses (APHN), 2018-present</li> </ul>	<p><b>CMSA</b></p> <ul style="list-style-type: none"> <li>• Mbr, Standards of Practice Task Force</li> </ul> <p><b>Assoc of CA Nurse Leaders</b></p> <ul style="list-style-type: none"> <li>• Mbr, Quality, Safety &amp; Engagement Committee</li> </ul> <p><b>National Assoc of Hispanic Nurses</b></p> <ul style="list-style-type: none"> <li>• Secretary</li> </ul> <p><b>National Assoc of Hispanic Nurses Los Angeles</b></p> <ul style="list-style-type: none"> <li>• President</li> </ul>

# 2021 – 2024 Director

Candidate 4 of 4



## Samantha Walker, MSN, RN, CCM

**Employer:** Golden LivingCenters

**Title:** Director, Medicare & Managed Care Resources

**Chapter:** Indianapolis, IN

**Email:** SamWalkerRN123@yahoo.com

---

Hello. My Name is Samantha Walker. I am a registered nurse with a master's in nursing education and a certified case manager. I will complete my Doctor of Nursing Practice degree in May 2021.

I joined the Central Indiana Chapter of the Case Management Society of America organization several years ago. Through the years, I have served in many roles, including board member, secretary, and on several committees. Currently, I serve as the local chapter president and on several local committees, including serving as the programming committee chair. I was also selected to serve on the national awards committee.

My passion is caring for seniors. I have spent most of my nursing career in managed care roles for senior care providers. I currently work as a senior care leader in managed care for a multi-state, multi-facility organization. I also serve in a teaching fellowship as a graduate assistant for the nursing program at Indiana State University where I help teach advanced practice nursing courses for the bachelors and Master of Science programs. My doctoral evidence-based project was focused on improving the lives of seniors diagnosed with Alzheimer's and dementia.

I was inducted into the Omicron Delta Kappa National Leadership Honor Society and The Honor Society of Nursing, Sigma Theta Tau International, Lambda Sigma Chapter based upon my academic performance. I am also a member of the American Nurses Association, the Indiana State Nurses Association, the Indiana Rural Health Association, and the Indiana Health Care Association, as well as the Case Management Society of America at both the national and local Indiana chapters.

I enjoy being part of CMSA to stay current in nursing practices, as well as for the networking opportunities. I am also passionate about staying active in managed care policies. I am pursuing the opportunity to serve on the national board of directors to be your voice at the national level. I hope that you will vote for me. Let us work together to bring exciting new educational opportunities and fun activities for all case managers across the nation, as well as make a positive impact in managed care policies! Thank you for your time and vote.

# SAMANTHA WALKER, MSN, RN, CCM

## BIOGRAPHY

---

Samantha Walker holds a Master of Science in nursing education degree and is a certified case manager. Samantha has an extensive background working in managed insurance and with seniors. She currently works as a director of Medicare & managed care for a multi-state, multi-facility senior care provider. Samantha will graduate with her Doctor of Nursing Practice degree from Indiana State University in May 2021. Her evidence-based project was focused on improving the lives of seniors diagnosed with Alzheimer's and dementia. Samantha was inducted into Omicron Delta Kappa National Leadership Honor Society and The Honor Society of Nursing, Sigma Theta Tau International, Lambda Sigma Chapter based upon her academic performance.

Samantha serves in a teaching fellowship as a graduate assistant at Indiana State University where she assists with the bachelors and advanced practice nursing programs. Samantha is also a member of the American Nurses Association, the Indiana Nurses Association, the Indiana Rural Health Association, the Indiana Health Care Association, and the Case Management Society of America, at both the national and local Indiana chapters.

Samantha serves as the local CMSA Chapter President, on the Membership Committee, and as the Programming Committee Chair, and on the national awards committee. Samantha is passionate about staying active in managed care policies at the state level and hopes to join the National CMSA BOD where she wants to make a positive impact on programming and membership, both at the local and national CMSA levels.

<b>Honors &amp; Awards</b>	<b>Professional Memberships</b>	<b>Leadership Positions</b>
<ul style="list-style-type: none"><li>• Honor Society, Omicron Delta Kappa National Leadership, 2019</li><li>• Honor Society of Nursing, Sigma Theta Tau International, Lambda Sigma Chapter, 2018</li></ul>	<ul style="list-style-type: none"><li>• Case Management Society of America (CMSA), 2014-present</li><li>• CMSA Central Indiana, 2014-present</li><li>• American Nurses Assoc, 2019-present</li><li>• Indiana Nurses Assoc, 2019-present</li><li>• Indiana Health Care Assoc, 2019-present</li><li>• Sigma Theta Tau Int'l, Lambda Sigma Chapter, 2018-present</li></ul>	<b>CMSA Central Indiana</b> <ul style="list-style-type: none"><li>• President, 2021-present</li><li>• Chair, Programming Committee, 2020-present</li><li>• Mbr, Membership Committee, 2020-present</li><li>• Chair, Membership Committee, 2019</li></ul>